



new Bernal Journal

April/May '95

Serving the Bernal Heights Neighborhood of San Francisco

Volume 32 • Number 3 • Free!

Community Congress Results

By Mauricio Vela,
BHNC Center Director

Over 100 neighbors gathered at the Neighborhood Center for our seventh annual Community Congress March 11. The Congress is not only our annual meeting, but a key opportunity to hear about the great accomplishments we as a neighborhood have achieved; to actively participate in developing our community agenda for the coming year; and to vote for our Neighborhood Center's board members. This year our own Supervisor Tom Ammiano, as well as our Police Captain Michael Dower attended. Julian Navarro, a long time BHNC Board Member and outstanding fundraiser, was honored with a special commendation.

In an active effort to touch base with more neighbors, we held fifteen house meetings around the hill to talk together about concerns



Meet a few of the BHNC Board Members: Martin Beltran, Lisa Feldstein, Alice Gilbeaux, Linda Lucero, Blanca Estrada, Scott Cunningham and Bill Sorro.

and ideas regarding community, youth, and senior issues as well as plan fundraising strategies to continue serving Bernal Heights in these extraordinary times. This year, the house meetings were more productive and exciting because the issues discussed were both local and city wide. The four issues that raise the most concerns were

the long waiting list for city wide senior services, fundraising for the center's programs, the completion of the Bernal Playground renovation, and the Mayor's proposed Curfew ordinance. We also encouraged folks to become members and stakeholders of the Center and join one of the most effective non-profit

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Cesar Chavez Street an honorable change

By Mauricio Vela
& Linda Trevino

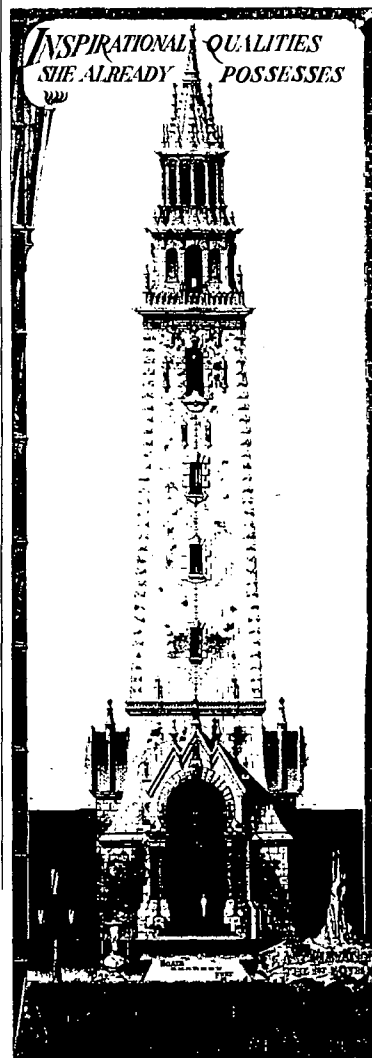
On January 9th, after a show of tremendous support from many communities, the S.F. Board of Supervisors chose to honor Cesar Chavez, whom many consider as "One of the heroic figures of our time," by voting unanimously to rename Army Street to Cesar Chavez Street. Despite opposition from some Army Street residents and a bungled first attempt to rename 24th street after Chavez, the community settled on Army Street as a way to have residents reflect on the non-violent work of Cesar Chavez, a Latino leader and hero.

Why Honor Cesar Chavez?

Cesar Chavez struggled to end the suffering of farm workers who constantly faced racism and exploitation. He also fought for fair

Continued on page 2...

"The finds of the century"



Architectural scholars are comparing the renderings of the late Achilles G. Rizzoli, past Bernal resident, to the work of Piranesi and M.C. Escher. Bernal writer Sharon Wood is working on a film with Pat Ferrero to document these recently discovered works. See page 3...

A look at the Curfew

Arresting innocent youth is not a solution to crime

By Mauricio Vela,
BHNC Center Director

Since December, Mayor Jordan's Criminal Justice Council has been scheduling neighborhood meetings to present their latest solution to youth violence and the deep rooted problems facing our young people today. The Mayor is proposing a curfew that would arrest and detain our young people for being on the street after midnight on the weekends and 11:00 PM on weeknights. His intention if not political are laudable. Everyone from parents to youth advocates, to the youth themselves are looking for ways to get our children and young people off the streets and involved in positive activities. The curfew ordinance for many reasons, however, is not the answer.

Alan Schlosser of the ACLU says that "The violation of a curfew law is a criminal offense and results in teenagers being stopped, arrested, sometimes handcuffed, searched, place in police wagons and transported to a police station and/or detention centers." The curfew abridges rights of association and movement in order to deter the small percentage of youth who committed crime. It begins to institutionalize youth and glamorize being "pick up" by the SFPD. "It also allows police to have wide discretion in stopping people who "look young," states children's attorney Jennifer Walter, "Without probable cause, young-looking people will

be stopped and if transported to the center, searched."

In San Jose, only 25% of the people stopped by police officers were of curfew age. In 1993 43% of the victims of crime in San Jose young Latinos between the ages of 6 and 16 years. The curfew law proposes to protect these young people, however, Latinos accounted for 60% of the youth picked up during curfews in a two month period.

As a native San Franciscan, the curfew was unenforceable when I was growing up. When the police showed up, we hid in the park's bushes until they left and then came out. When taken home many of us would come right back out or be out the next evening looking for something to do. The solution back then, as it is now, is to create positive activities in each of our communities that youth can participate in when out on the streets. Safe, and well supervised activities such as dances, midnight basketball, and other cultural and art activities, is what the Mayor should fund.

Under the Mayor's curfew, a detention center would be created where violators of the ordinance would be detained until their parent or guardian arrived to pick them up, otherwise the youth would be released at 5:00 a.m. Obviously the ordinance has not taken into consideration those parents who don't have a car or telephone or

People on the Hill



Julian Navarro proudly displays his Certificate of Honor awarded to him by the S.F. Board of Supervisors for his outstanding volunteer work in the community.

Oh, and if you are a kid, you know Julian Navarro in yet another capacity. He's Santa Claus. He was the one who gave you your Christmas present at the Neighborhood Center's party last Christmas...and has bought a lot of presents for a lot of people.

Julian was born in San Francisco in 1931 and raised in Bernal

Continued on page 4...

Julian Maldonado Navarro: Volunteer...and then some...

By Dorothy Coakley

If you live in Bernal Heights, you probably know Julian Navarro. He's an active member of the Bernal Heights Library Committee, the Neighborhood Center, Senior Program, SHARE and helps kids with sport programs in the schools. He's done electrical work for Skip's Tavern, donates blood to Irwin Memorial Blood Bank and volunteers countless hours at the Veteran's Administration Hospital.

how the youth will get home when released. More importantly, It does not assure that these youth will be brought back to homes that are physically or mentally hazardous for them to stay in.

The unintended effect of the ordinance will be to remove some children from their informal supportive street networks and hold them at centers where the youth have no connection or trusting re-

lationship. The Mayor's staff have stated that the detention center would be open, on a volunteer basis, to other youth who were not "picked up." Very few youth, however, will go across town to attend a youth detention center. The \$200,000 the mayor is proposing to fund these detention centers could instead be used to staff 3 - 5 currently existing com-

Continued on page 14...

East and south slopes to see improvements

By Peter Albert,
S.F. Planning Department

An important community meeting will be held Thursday, April 13, at 6:00 p.m. in the Bernal Heights Neighborhood Center at 515 Cortland Avenue. Representatives from the Department of Public Works, the Planning Department and other city agencies will present drawings for significant capital improvements in the area near Brewster and Joy Streets on the east slope of Bernal Hill.

These improvements have been sought by the neighborhood for over fifteen years. The drawings, which are approximately 95% complete, have been developed with the input from members of the Bernal Heights East and South Slope Improvement Committee (BHESSIC) on a monthly basis, as

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new Bernal Journal

515 Cortland Avenue, San Francisco, CA 94110 • (415) 206-2144

The New Bernal Journal is a bi-monthly neighborhood newspaper sponsored by the Bernal Heights Neighborhood Center. It is dedicated to providing the people of Bernal Heights with community news, ideas, issues, and events that support the Center's mission: "To empower people in efforts to preserve the ethnic, cultural, and economic diversity of Bernal Heights and improve the economic condition of low and moderate income people in Bernal Heights." The New Bernal Journal is distributed door to door, free in Bernal Heights. Articles express the views of contributors and not necessarily those of the Bernal Heights Neighborhood Center.

For Advertising Call: 206-2144

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New Bernal Journal Staff/Volunteers

Executive Staff

Editor

Youth Assistant

Art Production/Photos

Distribution

Contributors

Copy Assistance

Helen Helfer, Mauricio Vela

Vicki Victoria

Anthony Alburto

Victoria Graphics

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Mauricio Vela, Helen Helfer, Dorothy Coakley, Carmen

Medieta, Rudy Corpuz, Joy Ferguson, David Graves,

Barbara Pitschel, Gloria Allen, Sharon Wood

Ellen Egbert

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Member of the S.F. Neighborhood Newspaper Association.



Go on, Girl! The Aleman Girls' Drill Team presented "Music with our Feet," a delightful display of rhythm, words and timing at the Soul Food Dinner on February 24 at the Neighborhood Center.

Thank you to our friends who shared their talent in celebration of Black History Month, including Shari and Glen Scales, Annie Trusty and the talented young singers from City College of San Francisco voice classes taught by Joshua Law, Dr. Helen Dilworth and Judy Hubbell. Big thanks goes to our incredible cooks Grace Williams, Alice Gilbeaux, Earlene Ratcliff and Vernon Tarriel for cooking up a storm. Thanks to the Bernal Seniors who donated the food supplies and neighbor volunteers lent many hands to make the night a success. And thank you to all of our friends and neighbors who supported our annual fundraising event.

Chavez - from page 1...

and level wages in the Central Valley of California. He worked to end the farm workers' and their children's exposure to toxic chemicals sprayed on fruits, vegetables, and humans alike.

Chavez succeeded by founding the National Farm Workers Association (NFWA) along with Dolores Huerta as Vice President in 1962. In 1966, Cesar merged his union with a similar A.F.L.-C.I.O. union to form the United

Farm Workers Union. He gain international attention when he organized a 300 mile march or "Peregrinacion" of Mexican and Filipino American farm workers from the town of Delano to the State Capitol ending with over ten thousand people.

By the early 1980's tens of thousands of farm workers under UFW contracts enjoyed higher pay with guaranteed minimum wage, family health coverage and pension benefits. On April 23, 1993, Cesar Estrada Chavez died. On August 8,

Continued on page 3...

Bernal Wish List

Can you volunteer an hour or two? Donate your extra stuff? Contact the following programs or stop by the Bernal Heights Neighborhood Center at 515 Cortland Avenue. Thanks for your support!

Youth Programs needs:

• **Volunteer Tutors** needed to work with high school students on Wednesdays & Thursdays for one or more hours, 4:00 - 7:00 p.m. in English/ESL, Arithmetic, Algebra/Geometry, Physical Science, Social Science. Contact Lorena Archila, 206-2143.

• **Volunteers for Sports** needed to coach or referee basketball and soccer. Contact Rudy Corpuz, 206-2150.

• **Outings Volunteers** needed to provide transportation for youth outings and evening activities. Call Joy Ferguson, 206-2146.

Senior Services Needs:

Tall bookcases or shelves
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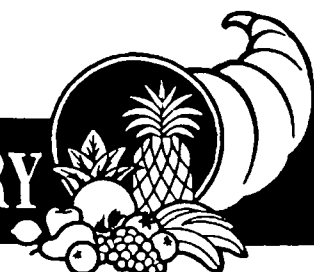
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Recently discovered Bernal artist subject of new film

By Sharon Wood

Artist Achilles Rizzoli (1896-1981), a Bernal resident throughout his adult life, is about to receive the acclaim he wanted but never got in his lifetime. Almost ten years after Rizzoli died, Bonnie Grossman, owner of the Ames Gallery in Berkeley, was introduced to Rizzoli's work. She contacted remaining family members and set out to introduce Rizzoli's art to the world.

Rizzoli made huge, detailed architectural drawings of monuments, which he dedicated to people he knew. At the time of his death, he was working on an enormous book he called "Achilles' Celestial Extravaganza." 300 pages out of 500 have been recovered, but the first 200 pages are mysteriously missing.

In addition to exhibiting Rizzoli's work, Grossman has asked award-winning San Francisco filmmaker Pat Ferrero and documentary writer and Bernal resident Sharon Wood to make a film on Rizzoli's life and work.

Ferrero and Wood are interested in hearing from anyone who remembers Rizzoli. Throughout the 1930s, he held public exhibitions of his art in his home. He lived in the Precita Park neighborhood and was a member of St. Anthony's.

The filmmakers will keep the *New Bernal Journal* up to date as the film project continues. For those of you who are Sunday New York Times readers, there will be a feature article on Rizzoli later this spring in the New York Times Magazine.

In the meantime, anyone wishing to contact us with memories of Rizzoli, please call 550-2353.

Chavez - from page 2...

1993, America's highest civilian honor was awarded posthumously to Cesar Chavez; the Presidential Medal of Freedom.

The Price Of Honor - \$900,000 or \$60,000

Despite the great achievements of Cesar Chavez, Caltrans on January 26, provided the city with a \$900,000 estimate for changing 26 freeway signs. The city budget analyst had projected the cost to the city to be \$23,000. This estimate again fueled the fire to not rename Army Street after Chavez. Outraged, Supervisor Susan Leal who had



sponsored the legislation, began negotiation sessions with Caltrans. As of March 2, the cost for modifying freeway signs will now amount to \$60,000 for material and labor. Continued negotiations to lower this cost are proceeding. As for city cost, the legislation anticipated up to \$23,000 in transition expenses for street signs. The bottom line: the cost controversy was greatly over-

Continued on page 4...

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Navarro - from page 1

Heights by his uncle Alex Maldonado, the famous painter and his wife Carmen. After graduation from St. Paul's, he served in the military and then went to work for the Southern Pacific Railroad Company where he spent eighteen years. An electrician, he was shop steward and recording secretary for Local 869. After retiring, he took his considerable energy to the Bernal Heights Neighborhood Center where he began volunteering as a jack-of-all-trades.



Julian Navarro, a.k.a. Santa Claus

A lifelong bachelor, Navarro has always loved to cook. His roast beef dinners are legendary on the Hill. Less well known is his interest in sewing. His "children," felines Molly, Coco and Comet, share his home.

Recently, Julian added yet another "gift" to his volunteer history. After giving 56 donations of blood to the Irwin Memorial Blood Bank, he became a specialized "platelet apheresis donor." The collection process for this procedure requires exceptional commitment on the part of the donor because needles must be used in both arms for a period of 60-95 minutes. These platelets are then used by seriously ill patients battling cancer, leukemia and other diseases where whole blood is in appropriate. Characteristically, Julian has undergone this procedure twenty times to help other folks.

Julian's plans for the future? "Maybe looking into the Parks and Recreation program on the Hill. Maybe running for the BHNC board again. Or maybe...well," says Julian, "I'll pop by next week with some of my roast beef and we can talk about it." A volunteer, and then some...

Chavez - from page 8...

stated.

Cesar Chavez Street Dedication

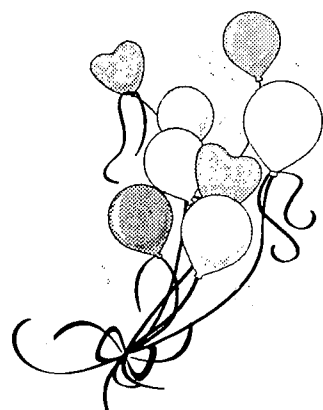
A true celebration for our city was held on March 31st by the Cesar Chavez Celebration Committee. A press conference and a symbolic first tree planting was part of the formal dedication of the street. The Bernal Heights Neighborhood Center hosted a Youth Dance to honor Cesar's birthday, and the re-naming of the street. On April 1st, ninety nine additional trees are scheduled to be planted along Cesar Chavez Street by neighborhood children, youth, community leaders, and volunteers with help from The Friends of the Urban Forest.

On April 23, the 2nd anniversary of Cesar's death, the unveiling of the street signs will take place with a procession and street blessing. Neighbors can assemble at James Lick Middle School, at Clipper and Noe at 12:00 P.M. The procession will proceed to the site of the first planted tree for a special ceremony and then continue to La Raza Park (Cesar Chavez Street at Potrero) for a memorial celebration. For more information about the celebrations, call the Cesar Chavez Celebration Coalition at 282-9984.

A Special Honor For Bernal

It's a great honor for Bernal Heights to have it's northern border to be re-named after such a honorable hero. Students who attend the three schools by Cesar Chavez Street and youth living in the surrounding area will be exposed to the name of someone who fought for social justice and equality.

Maybe some of them will step up to be leaders in their respective communities. In the current times of violence and fear, we should follow the non violence example that Cesar Chavez stood for his entire life.



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1050 Wisconsin St. (at Connecticut)
- **Thursday, April 6 & Saturday, April 8**
Southeast Health Center
2401 Keith (at Armstrong)

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Congress- from page 1

organizations in the city.

Congress Outcomes:

The most stimulating part of the Congress was the Workshops where neighbors came up with ACTION PLANS around the following critical issues:

The **Outreach Committee** chose two critical community issues: the completion of the Bernal Playground, which is now in jeopardy, and initiating economic development projects with our Housing Corporation. The Bernal Playground Sub-committee has already met twice and will meet with Superintendent of Recreation Joel Robinson on Monday, April 3 at the Neighborhood Center to review pro-



Over 100 concerned Bernal neighbors participated in this year's Congress

gramming at the Playground. *Next Outreach Committee meeting: Tuesday, April 4, 6:30 - 7:30 p.m.*

The **Youth Committee** is focusing on Mayor Jordan's proposed Curfew ordinance, raising concerns about its impact on our youth. We have established a Youth Curfew Committee with over ten youth actively participating in collaboration with other youth groups around the city. Their joint education campaign is commencing with a Youth Forum on March 30th, co-sponsored by nine other organizations.

They also want to increase youth activities as an alternative to Curfew such as our Cesar Chavez Youth Dance which was held on Friday night March 31st, and initiate a spring Jobs Campaign with our local merchants and businesses to hire our youth in the summer. *Next Youth Committee meeting: Tues., 4/18, 7:00.*

The **Senior Committee** plans to work on a campaign to reach isolated elders in the community, and a campaign in conjunction with the Senior Action Network to reduce the grow-

ing waiting lists for home delivered meals, para-transit taxi script, and in-home supportive services. The committee will also continue to produce their exciting and fun special events. Events scheduled for May are the Cinco de Mayo Dinner, Senior Health Fair and Senior Night Out. *Next Senior Committee meeting: Mon. 4/3, 3:00 p.m.*

The **Fundraising Committee** committed to work on expanding the Donor Plan, assisting staff with seeking foundation grants, and exploring possible economic development opportunities such as an ice cream parlor that trains our youth in order to help support our work in anticipation of Washington's proposed deep service cuts. *Next Fundraising Committee meeting: Wednesday, April 5, 6:00pm.*

You are invited to attend any of these committees to making our Center stronger than ever! This year's Congress was the most focused and action oriented ever. For an 1994 Annual Report, call us at 206-2140 or stop by 515 Cortland Avenue. Join the BHNC!

Participate in the future of Bernal Heights!

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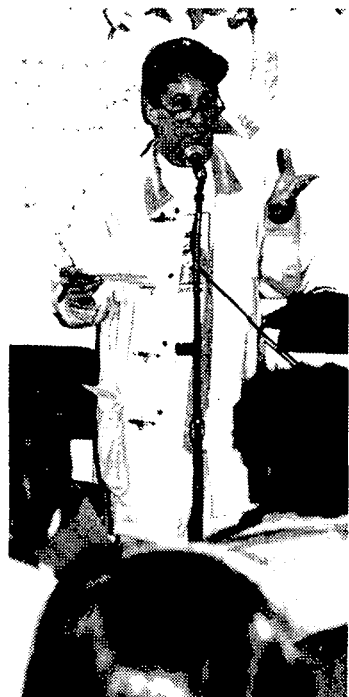


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Supervisor Tom Ammiano summarizes and addresses the top youth, senior and community organizing concerns and issues of Bernal Heights.

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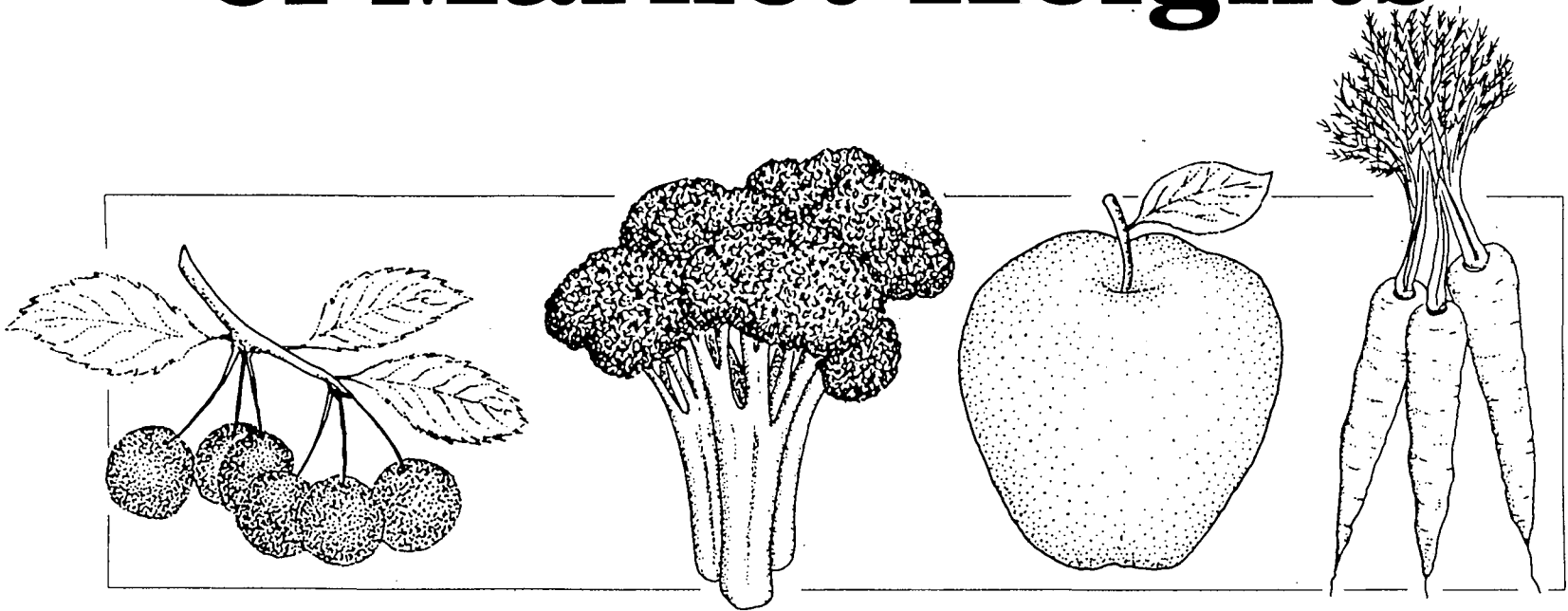
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The Farmers' Market Will Remain Open During the Construction of Market Heights



The Alemany Farmers' Market at 100 Alemany Boulevard off Highway 280, will remain open and undisturbed during the construction of Market Heights, an affordable family housing development on the hillsides behind the market. We appreciate your cooperation and continued patronage as we build needed housing for working families.

For years, neighbors have enjoyed this selling stalls full of farm fresh produce and goods on Saturdays at Farmers' Market. Construction of Market Heights will in no way interrupt the Saturday market days. No construction will take place on Saturdays and all construction equipment will be located away from the market's parking spaces on the weekend.

Come and shop at Farmers' Market this and every Saturday!



This notice was paid for by the Bernal Heights Housing Corporation, a non-profit community based agency working with the community of Bernal Heights to build and rehabilitate affordable housing.

For more information about the Bernal Heights Housing Corporation or the Market Heights project, please call Stephen Dunn at (415) 206-2140.

Around the Neighborhood

With Gloria Allen

Radiating Joy

Esther Johnson invited me into her kitchen where we sat at the table and talked about now and then, including the 53 years she has lived in her two-story Dutch Colonial Holly Park house on Highland Avenue. Esther is moving—or it might be more accurate to say she is “dancing on” to Santa Rosa where her son is building a home for her on his property. Mickey, her Chihuahua, came in to say “hello” as we settled into our timeless chat.

Esther has a beautiful smile and an infectious laugh. She loves bright colors, wears makeup and has long strawberry blond hair. Her mothers provided a very strict upbringing and Esther did not start dancing until she was nineteen. Today, she goes ballroom and line dancing three times a week wearing one of the 117 mini-dresses she has sewn. She drives her bright red 1976 Monte Carlo to dances, shopping and to meet her friends for lunch.

In 1942 Esther and her husband Andrew bought their house because he liked the big basement/garage. He was a sheet metal welder who made the house comfortable inside and out. He also built a plane and a 25-foot cabin cruiser in the garage. Esther showed me photographs of the plane, which he was the first to fly, and of the “Esther J” on the Bay which they launched from the Golden Gate Yacht Club, with both events featured in the S.F. Examiner and the Chronicle.

Over the past twelve years her garage has also served as a neighborhood voting place where Esther attracted a sociable crew to assist voters during elections. In her garden grows a huge palm tree that Esther watched grow from a tiny plant. She plants and harvests vegetables and berries in her garden, does her own housekeeping and still has time to knit. During World War II she drove a Greyhound bus. Esther likes to be “happy-go-lucky” but says “I am serious when I have to be.” She is an independent spirit who reminded me to “be independent and live your own life!”



Esther, 80-something, in one of her colorful mini-dresses, burned up the dance floor every month at the Bernal Senior's Birthday Party and Dance in the St. Kevin's Hall.

Poetry Corner

Bernal

(through the tops of trees)
From up here
the city resonates
with distant cliché sirens
and morning hammers rapping
and through the tops of trees
it seems so orderly and inspired
tidy lines of houses
packaged within stores and streets
and hospitals
so similar they seem to each other
so different they seem than mine
There, I too awoke
to the pounding pulse of everyday
my other half
hasn't slept
she spent the night
sawing a futon into a bookshelf
as I tried to play guitar
to write a poem
to cry or meditate
but all I could feel
was the whing of electric metal searing grain
louder and smaller, and louder and smaller
so shortly after sunrise I came up here
where it's all further away
through the green tops of trees
and I look at the houses of strangers
and wonder
how much they are like mine.

- Cindy Franks

A new voice for the City

A new citywide community-based newspaper will cover City Hall, community and neighborhood news and an open forum for civic, business and community leaders to express their views on the problems and possible solutions that face the City. “City Voice” will launch its 100,000 circulation weekly paper in early April.

“We aim to be a tough, fair source of unbiased news and information,” says publisher Paul Kozakiewicz, “The paper seeks to increase the level of dialogue concerning quality-of-life issues to bring the often fragmented communities in the City together to solve common problems.”

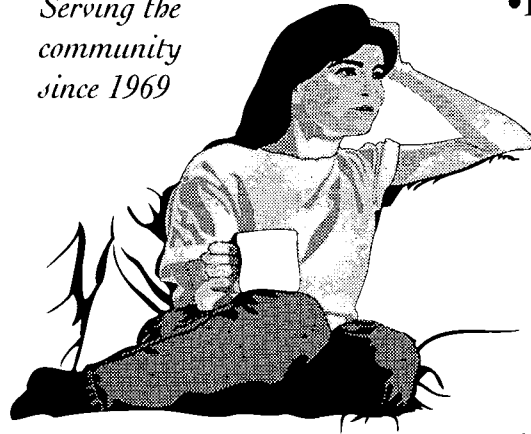
City Voice's Kozakiewicz, editor/publisher of the Richmond Review and Chris Rivers editor/co-publisher of the Sunset Beacon, welcome the involvement and participation of the diverse communities of San Francisco to help build the City's newest resource.

The paper will be available in about 1,600 locations throughout the City. For more information, call Paul Kozakiewicz, Editor, at (415) 221-4228.

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Substitute Childcare Needed: Our home, occasional basis. One 8-month old. Experience, references required. Call Barbara 648-2190.

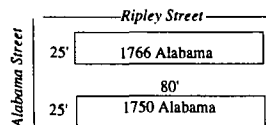
Cooperative Childcare in Bernal Heights. Little People's Workshop, 416 Cortland Avenue, 648-5156.

Our daughter needs a playmate! 8 months old. Once or twice per week, your house/our house. Call Barbara at 648-2190.

REAL ESTATE

Attention first-time home buyers! We can help you find a reasonably priced home here on Bernal Heights or elsewhere in the City. Special loan

programs available for first time buyers. Call Kristin at Brown Bear Realty: (415) 550-1917.



Bernal Heights North Slope. Two lots for sale. Sales price: \$95,000.00 each. Lot sizes: 25' x 80', zone R1. Addresses: 1750 Alabama St., 1766 Alabama St. corner of Ripley. Property owner: Edwin F. Lingsch and Nick V. Annotti. Call Ed Lingsch Realty, 3232 Mission Street. Telephone: (415) 648-1516.

Attention home owners! Thinking about selling? We at Brown Bear Realty are your Bernal Heights specialists. Call us for a free market evaluation of your home. Call Kristin at (415) 550-1917.

Attention landlords! Where have you been? We have prospective tenants inquiring about rentals every day. Post your rental information on our bulletin board for free - Call Kristin at Brown Bear Realty: (415) 550-1917.

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Homeshare opportunity. I am seeking a retired, mature, pleasant woman to share my home. Free rent of an upstairs room/living space in exchange for 10-15 hours per week of companionship, light housekeeping, gardening and occasional rides to the doctors/supermarket/senior center. Drivers License and car desirable. Share utility costs: PG&E, water, phone. I am an elderly, visually impaired woman who lives in Bernal Heights. Please call 821-3445 in the early evenings.

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Cash: For old wood furniture, rugs & household items. Jim and Rose at 824-1180.

Wanted: Donation of tall bookcases or display shelves for our store that raises money for services to seniors in our neighborhood. We also need sturdy folding tables and chairs. Bernal Heights Senior Services, Vicki, 206-2145.

Donate to an elder in need: Large men's shirts, size 16, pants waist 31-32, twin sheets & bedding, pillow, living room chair. Call Nic, Bernal Senior Services, 206-9175.

JOBS AVAILABLE

Part-time Assistant wanted. Spanish bi-lingual, energetic, friendly individual needed to assist in local dental practice. Assist with translation for patients, instrument sterilization and facility maintenance. Will train someone who is a quick study and willing to learn. Call Lily, 641-8900.

Home care worker sought for an elderly couple in Bernal Heights. Seeking a friendly, patient and responsible person to help with grocery shopping, light housekeeping, laundry, cooking and occasional escort to appointments. 20-30 hours/month, \$4.25/hour. Call Nic, Bernal Senior Services, 206-9175.

VOLUNTEER OPPORTUNITIES

Gimme Shelter 5K Run needs 185 volunteers to ensure the success of this fundraiser. Help register runners, dispense water, coordinate traffic and more. Call 379-7813.

S.F. Women Against Rape will hold its Spring rape crisis counselor training. Join us in our work to support sisters who need our help. Call Jamie, 861-2024.

Hospice Needs Haircuts. Visiting Nurses and Hospice of San Francisco are seeking volunteer hairstylists and barbers to offer haircuts to people with AIDS, cancer and other illnesses which limit life expectancy. Call Jeri Lynn, 750-6800 x21699 for more information.

Help elders in Bernal Heights: Deliver groceries & food boxes, provide companionship, escort to medical appointments, help with light home repairs. We are seeking friendly and caring neighbors who can give one or more hours a month to make a difference in the lives of our elders. Call Vicki, Bernal Senior Services, 206-2145.

Adopt a grandparent! Family Caregiver's 2nd Family Program is seeking to match volunteers with home-bound elderly who need a little help to remain independent. Help provide fun, companionship, telephone visits, assisting with errands or caregiver respite. 8 hour commitment/month requested. 434-3388.

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Bernal



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The City of San Francisco and the Bernal Heights Housing Cooperative are working together to offer the Community Development Program to low income homeowners in Bernal Heights. \$40,000 are available at only 3% interest to help with threatening hazards and health and safety concerns. The program is deferred for ten years; senior citizens may defer for one year and qualify under the maximum family income eligible:

Family of 1: \$27,800 Family of 2: \$31,700
Family of 4: \$39,700 Family of 5: \$42,900
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Call BHHC at 206-2151 or 206-2145

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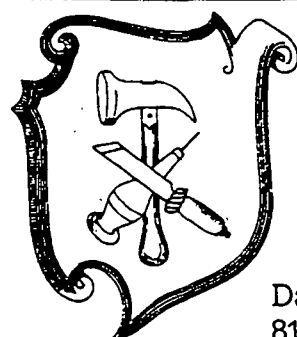
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Youth!

Fighting: an alternative to the streets

by Rudy Corpuz and Joy Ferguson

"It keeps me in shape and more healthy. If I keep boxing for a long time and get good at it, maybe I could go pro someday", says Eric, a student at Balboa High School. Boxing is a sport that involves intense training and fitness. Rudy Corpuz, a counselor at the Bernal Heights Neighborhood Center, has helped bring youth to the M & M Boxing program to help them use their strengths in positive ways. "Programs like this one provide discipline and respect for the youth. It's a great way to utilize your skills in the ring and not in the streets. It is a remedy for staying alive in '95".

Koshawn, another Balboa student who plays a positive role with his peers says, "boxing could help me relieve some of the stress that I have in my life. I feel that it will help me release some anger that's inside of me." He also considers becoming a professional someday.

A boxing trainer for 37 years, Sonny Marson welcomes youth ages 9 - 19 to come to the gym. "If you can get two or three kids off the street to come to the gym then you are providing another way for youth to let out their energy in a positive way."

Sonny is the president of the Northern California Boxing Association. M & M Boxing used to be located at the Precita Center and now resides at 850 Bryant Street, Room 573. Hours are 4:00 - 7:00, Monday - Friday. Call 553 - 1243 for more information.



Koshawn, Rudy and Eric throw positive punches.

Will Power Motors

By Gregory Gavin and Joy Ferguson

What do a giant banana, flaming volcanos, and the flag of Mexico have in common? They are all art oriented, motorless cars produced by Will Power Motors. 30 cars will be produced by low-income youngsters during after school workshops this spring.

Once completed, the cars will be displayed or demonstrated in storefronts in Bernal Heights, the San Francisco Youth Arts Festival, the Carnival Parade, and the July 23 Soap box Derby (at Fort Baker, adjacent to the Discovery Museum).

Building soapbox cars teaches: planning and organizing a big project, 3-dimensional design, sticking with it (willpower!), working safely and responsibly, expressing yourself and your culture, a love for tools and materials, math and geometry, surface design, patience and persistence, teamwork and more.

The possibility of producing soap box cars with low income youngsters from the Bernal Heights / Portola area during the spring of 1995 is possible because of a partnership between the Bernal Heights



Youngsters from the Bernal Heights and Portola construct soapbox cars at the Will Power Motors studio.

Neighborhood Center and the Bay Area Discovery Museum coupled with the availability of the studio of Gregory Gavin in the Portola District along with funding from The California Arts Council and The LEF Foundation.

Children of low income parents

are being recruited in Bernal and Portola by Joy Ferguson and Mr. Gavin (see numbers below). The 4 week classes, (which has a waiting list in Marin at \$190.00) costs \$5.00 in SF and includes a personal pair of safety glasses.

Will Power Motors

Interested in helping???

We need the following:

- Oddly beautiful materials to recycle into cars
- Help transporting kids and cars to events
- Help with the carnival parade (End of May!)

To volunteer or donate:

Please call Joy Ferguson at BHNC 206-2146, or call Gregory Gavin at Will Power Motors 656-0119.

For Children & Youth

• **Free Doggy Film Fest, Saturday, April 29, 10:30 a.m.** The SF SPCA is sponsoring a Canine Film Festival for Children, featuring animated and live action movies about unforgettable dogs. Featuring MC Tom Ammiano, Jinx the Wonder Dog, adoptable dogs and more. 554-3050.

• **"Growing up Drug Free--A Parent's Guide to Prevention"** is available at no cost from the Chemical Awareness & Treatment Services. Provides important information on child development at four key stages of growth and suggests activities to reinforce drug prevention messages at home. 241-1199.

• **"Family Stress Juggling Act"** brochure

is available free from the IOF Foresters. The demands of family and work life is one of the leading causes of stress--learn how to juggle demands effectively and manage stress. 1 (800) 922-4-IOF.

• **Make*A*Circus Teen Apprentice Program** offers free circus workshops beginning April 18 on Tuesday and Thursday afternoons. Introductions to juggling, stiltwalking, tumbling, clowning and other circus arts. 776-8470.

• **Gay and Lesbian Parent Coalition International:** a local coalition to provide parent and family support is being organized by COLAGE, 861-KIDS. Interested families are organizing now to help prevent isolation and find strength in numbers.

The only thing harder than bringing up your own child is bringing up someone else's.

We need temporary, safe and loving homes for children whose parents can't care for them right now. And we need foster parents willing to take 24 hours of training, earn a license, and make a place in their hearts for children in need.

Think you can handle it?

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CINCO DE MAYO DINNER!

Friday, 6:00 - 9:00p.m.
May 5, 1995

Enjoy a festive South of the border feast and a night of traditional Mexican dance and song!



Tickets: \$10/Adults
\$6 Seniors or Youth
Call 206-2145 for tickets

A fundraising benefit for senior services!

Bernal Heights Neighborhood Center
515 Cortland Avenue, San Francisco

Bernal Elders Support Team goes to Atlanta

By Carmen Mendieta

Some months ago Bernal Heights caught the interest of a Japanese professor visiting the U.S. to learn about community building as a means of supporting frail elders. This March, the Bernal Elders Support Team was in focus at a presentation of the American Society on Aging conference in Atlanta, Georgia. The Bay Area Independent Elders Program, the primary funders of the Bernal Elders Support Team presented a workshop on Service Improvement and Systems Change. The topic included: community and senior empowerment, collaborative grant making, and coalition-driven service implementation.

I had the privilege of presenting Bernal Heights Senior Services' "continuum of care" as a model for senior service delivery, with an emphasis on community building and informal support networks. For example, our community volunteers offer practical support services such as: rides to the doctor,

errands, minor home repair, yardwork and other needed services.

Such informal, neighborly networks which allow elders to live as independently as possible are being looked at all over the country as a viable strategy for providing community-based Long Term Care services in light of the drastic funding cuts which seem imminent.

What strikes me today, just as I was struck at the sentiments expressed by our Japanese visitor, are the similarities we all experience in the struggle to provide vital services in the midst of turbulence and uncertainty. As a case manager from North Carolina commented during the discussion portion our presentation, "It's so good to know that you all out there in California have gone through the same things that we are here in the South. Can we call you when we get stuck or have questions?" The answer was a resounding "YES!"

For more information about the Bernal Elders Support Team, call 206-9177.

Clean out your closet for a good cause

Have a lot of "stuff" and want to donate it to a good cause? Why not cart your extra pile of "things" to the Community Thrift Store at 623/625 Valencia Street (at 18th Street). This innovative thrift store receives and sells donations on behalf of dozens of non-profits. Bernal Heights Senior Services now has an account there--so if you donate your stuff, tell The Community Thrift Store that you want your donations to benefit the Bernal Heights Senior Services. You'll get rid of all that clutter, have a neater closet and feel good about donating and helping your own neighborhood at the same time.

The Community Thrift Store will also take appointments to pick up large donations in San Francisco. The store's hours are 10:00 - 7:00 p.m., seven days a week. Donations

are received from 10:30 a.m. - 5:00 p.m. at the store's Sycamore Alley entrance. Tell them that you want your donations to benefit the Bernal Heights Senior Services account. More info, 861-4910>.

Ballroom & Latin Dance Lessons!

Learn to dance or wake up those dancing feet! Ongoing classes will be available Wednesdays at 12:45 p.m. Beginning in May at Bernal Heights Senior Services, 515 Cortland Avenue. Instructor Ollie A. Derzen holds a B.A. in dance and will bring five years of teaching experience to our senior center. A \$1.00 donation is suggested to help cover instructor's costs. To sign up or for more information, call Nic, 206-9175.

Unite & Fight!

Seniors Rally in Sacramento

On Wednesday, May 17, hundreds of seniors from across California will assemble at our State Capitol for the 25th Seniors Rally. This spirited, fun event gives seniors the opportunity to visit our legislators and leaders while enjoying entertainment and the company of their peers.

This year more than ever, especially with the cuts proposed by our Congress, we need to protect funding for senior services.

A march around the Capitol is also planned and we need seniors from Bernal Heights to carry banners and wear "Bernal Seniors" hats to represent our community. The cost is \$7.75 and that includes roundtrip bus and a bag picnic lunch in the park. A bus will pick us up at the Bernal Height Neighborhood Center at 515 Cortland Avenue at 8:00 a.m. and return to San Francisco around 5:00 p.m. To sign up, call Nic at 206-9175.

White House Conference on Aging

On May 2 - 5, 2,258 delegates from around the nation will attend the fourth White House Conference on Aging in Washington D.C. The theme of "America Now and Into the 21st Century: Generations Aging Together with Independence, Opportunity and Dignity," encompasses four broad issues for the agenda: 1) Assuring Comprehensive Health Care including Long Term Care, 2) Promoting Economic Security, 3) Maximizing Housing and Support Service Options, and 4) Maximizing Options for a Quality of Life.

Purposes of the WHCoA are to shape resolutions that will influence national aging policy over the next decade and design a strategy for putting policy into action--for implementing the resolutions the Conference produces.

Seniors!

Everyone can Celebrate Older American's Month in May!

Neighbors and friends are invited to celebrate our nation's Older Americans Month by participating in three exciting Bernal Heights Senior Services' events. We hope to increase awareness of the needs of our elders as well as raise needed funds to continue our work in Bernal Heights. Please join us in the month of May!



back pain, stress, cancer and diabetes from local health professionals and organizations. Over-the-counter drugs for our medicine review to detect dangerous combinations and counseling on proper use. Door prize drawings, lunch and entertainment. Pre-registration is required. Bernal Hts. Senior Program, 206-2142.

May 24

Senior Night Out Wednesday, 4:30 - 7:00 p.m.

Take or sponsor an elder from our neighborhood to an elegant dinner at Gabbiano's restaurant. For only \$35, you and an elder will enjoy a beautifully presented dinner with a spectacular view of



May 5

Cinco de Mayo Dinner & Dance Friday, 6:00 - 9:00 p.m.

Celebrate Mexican Culture at this festive night of a delicious tamales dinner and local music talent. Raffle and Piñata. Enjoy great food and fun with your neighbors. Due to the popularity of this event, advance ticket purchase is strongly advised: \$10/Adults, \$6 senior or youth. Call 206-2145.

May 18

Senior Health Fair Saturday, 9:00 - 2:00 p.m.

Free screenings, tests, information and referrals for seniors including Hypertension, Glaucoma,



the Bay Bridge. By escorting an elder out to enjoy music, local celebrities, a silent auction and other treats, you will help to raise needed funds for senior services as well as providing a night to remember. Call BEST, 206-9177.

Bernal Heights

Senior Health Fair

Saturday, 9:00 - 2:00

May 13, 1995

A free community health fair for senior citizens

- Free Health Checks & Screenings
- Medication education & counseling by local pharmacists
- Free lunch and Door Prizes

To register call:
206-2145



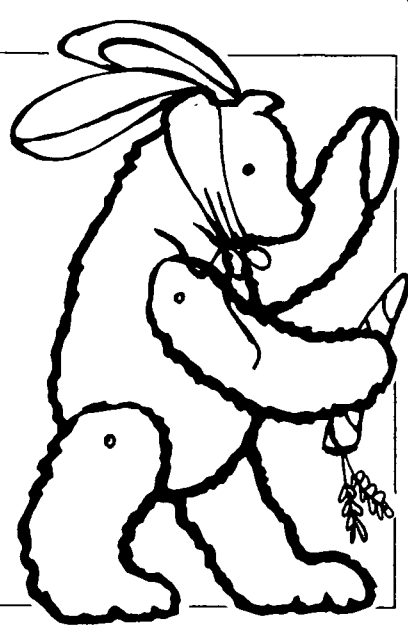
Featuring the
Brown Bag Medicine Review

Bring in your "medicine cabinet" and learn how to better organize your medication, how to avoid dangerous duplications and how to prevent misuse.

Bernal Heights Senior Services



Bernal Heights Neighborhood Center
515 Cortland Avenue, San Francisco



Gifts on the Hill

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Cute Bunnies!

May 14 is
Mother's Day!

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• Gift Baskets and more*

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All proceeds support services to seniors in our community.

513 Cortland Avenue
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Open Monday thru Friday, 10:00 - 5:00. Weekends by appointment

Bernal Hilltop Natural History

Wildflowers

By Barbara Pitschel

As predicted in the last issue, our rainfall has made this a spectacular year for wildflowers on Bernal hilltop. It is also an early year, so that the peak of spring bloom, which normally occurs during March and April, came about a month ahead of schedule. Nonetheless, there are still plenty of the later-blooming species to see. I urge you to take frequent walks on the hill to enjoy the many late-seasons delights—lupines, blue-eyed grass, the bulbous brodiaeas and onions, wild buckwheat, yarrow, farewell-to-spring, and much more.

You are invited to join the Bernal Hilltop Native Grassland Restoration Project work parties to see the wildflowers, birds and other hilltop flora and fauna, and to help preserve and restore the habitat they all need for survival. We work at 11:00 a.m. on the third Sunday of each month. Call me at 282-5066 for details.

**Don't Miss the
Next Issue of the
New
Bernal Journal
June/July '95
Out on 6/3/95**

Stalking the Wild Bernal Hill Visitor on the Hill

By David Graves

What a surprise then to hear a month ago from a friend who frequently walks the hill that she had seen what appeared to be an owl perched under the canopy of one of the bushes that hugs the northern slope of the hill. At first I thought she might have confused the creature with one of the kestrels that often land on the side of the hill in search of prey. It seemed unlikely to find an owl perched that close to the ground. But, no, she assured me, the bird was too large to be a kestrel.

A day later I visited the area described to me and sighted the bird, about twelve to fifteen inches high, perched on a coyote brush limb a few inches off the ground. It was obviously an owl, characteristically rotating its head and blinking its eyes in studied fashion as owls do. It was quite sheltered under the canopy of the bush, which was sufficiently angled to the slope of the hill to protect it from possible attack from a dog. Once back home, my research indicated the creature to be a Burrowing Owl with the technical term *Athene cunicularia*, which translates "Athena who lives underground." Further reading indi-



cated that somewhere nearby there probably was a female nesting in a hole (hence the term "burrowing"), as its mate stood guard by day and forged for food at night.

The Burrowing Owl is one of those wildlife creatures, like the kestrel, coyote and common ant, which has successfully adapted to the encroachment of humans into wild habitat. The fact that this creature chose to nest on Bernal Hill I find immensely gratifying, particularly since I had seriously doubted that

Bernal Hill could provide quality living space for humans and both domestic and wild animals.

A poet once described the owl's magnificence in its unique ability to see acutely at twilight, that shadow time between the world of day and that of night. Similarly, in ecology the term *ecotone* denotes the terrain between two separate ecosystems, indicating where habitat shifts from one set of life forms to another, yet allowing for a diverse commingling of communities. I like to think that there is much grace and magic of what is wild still about us.

Gardening on the Hill

By Rose Blum

Help Bulbs Get Stronger

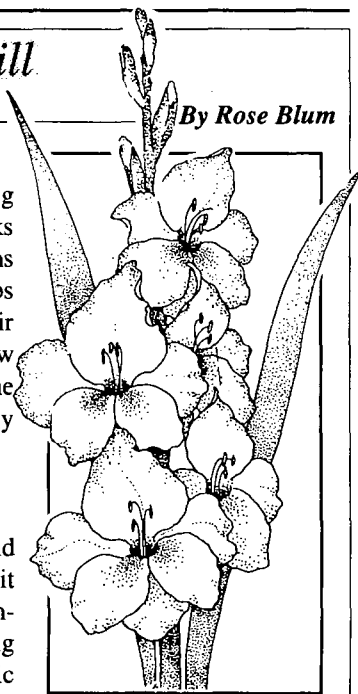
By now you're probably enjoying the gorgeous reds, yellows and pinks of the tulips, daffodils and hyacinths of your bulb garden. Let your bulbs build up strength by allowing their leaves to remain until they turn yellow and wither naturally. This allows the bulbs to fully store up their energy reserves for next year's blossoms.

Free Composting Workshops

Create rich soil for your garden and house plants by composting your fruit and vegetable scraps and yard trimmings. Learn how to compost using worms on Saturday, April 8. A basic composting workshop will held on April 15 and 22. All workshops are from 10:00 a.m. to 12:00 noon, and held at the San Francisco League of Urban Gardener's (SLUG) Garden for the Environment on 7th Avenue at Lawton in the Sunset District. Call SLUG's Compost Hotline at 285-7585 for reservations and information.

San Francisco Landscape Garden Show

Get ideas for your own garden or just stare in amazement at 20 gardens designed by landscape professionals in the Festival Pavilion at Fort Mason. Not to be missed is the Marketplace, featuring a wonderful array of garden gifts, books and accessories. The show runs from April 26 - 30, 10:00 a.m. to 6:00 p.m. and costs \$10 for admission.



Bernal Library News

More Open Hours!

We have new books, new videos, new hours and new staff! Thanks to our voters of San Francisco who made this possible. We're here to serve you! Visit the Bernal Library on:

Tuesday, 10:00 a.m. to 9:00 p.m.
Wednesday, 1:00 p.m. to 9:00 p.m.
Thursday, 10:00 a.m. to 6:00 p.m.
Friday & Saturday, 1:00 p.m. to 6:00 p.m.
CLOSED: Sunday and Monday

Library Activities:

New Spanish discussion group on Wednesday evening beginning at 7:00 or 7:30 p.m. Tuesday April 4th: "Too-Too Tomato." She's live! She's funny! She's here! 10:30 a.m. for preschoolers. Wednesday April 26th: California Poets in the Schools with Grace Grafton, 7:30 p.m., appropriate for older children and adults. Thursday April 27th Children's Films at 10:30 a.m.

Preschool Storytime will be moved to Thursday at 10:30 a.m.

Family Night will be every Wednesday at 7:30 p.m.

Tuesday evenings will be study night. - Bernal Branch Staff

Health & Peace through Yoga!

Develop strength, flexibility and peace of mind at Iyengar Hatha Yoga classes taught by Mary Iannotti. Beginning level classes for all ages are on-going. Join at any time.

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Wednesdays, 6 - 7:30 pm - Taraval @ 27th Ave

For More Information Call Mary at (415) 564-4340

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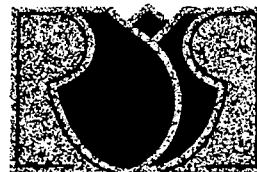
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Improvements - from page 1...

well as from the community at large through four workshops held over the past three years.

The improvements include paving and widening of Brewster Street, and new sidewalks, landscaping, retaining walls, sewer and water lines, fire hydrants and streetlights throughout the area. Six new pedestrian stairways are proposed at Rutledge, Faith, Joy and at the intersection of Esmeralda and Franconia Streets. Nearly all of the improvements are to be funded by sales taxes from 1989's Proposition B. Construction is estimated to begin in Spring of 1996, although the construction of the Esmeralda stairs is already proceeding.

The goal in making these improvements has been to improve access to the existing homes in the area for emergency vehicles and personnel. As it exists today, the area has segments of streets that are too narrow for fire engines to pass, and in places where no street exists such as Rutledge and Joy Streets, the pathways are sometimes impassable for firefighters lugging equipment. Water pressure is dangerously low in many fire hydrants, and the sewer lines do not conform to city standards. Nevertheless, the street improvements and stairways have been designed to retain the semi-rural character of the neighborhood as much as possible. The stairways, sidewalks and retaining walls are landscaped, and Brewster Street is only widened as much as necessary for fire engines to pass.

Because of the extent of these improvements, BHESSIC and city planners and engineers have worked to establish an underground utility district in the Brewster-Joy area. Property owners will have to pay the costs for converting from overhead to underground service. BHESSIC is working on plans to bring these costs down.

All residents of the east and south slopes

Attention Banks-Chapman sub area neighbors

The Planning process for Infrastructure Improvements is beginning now in our area. The following streets will be impacted: Powhattan Ave., Chapman st., Gates st., Folsom st., Banks st., Prentiss st., Nevada st., Rosencranz st., and Carver st. The greatest impacts will be north of Powhattan Ave and including Powhattan Ave. The width of sidewalks and streets and the height of retaining walls can be influenced to a certain degree but only with committed involvement from neighbors.

As a resident and homeowner in this area I am reluctant to see some of the last open space and quiet rural appearance in the city disappear under too much concrete. Wider streets may result in more traffic which is hazardous and unpleasant. I also realize the importance of emergency access to the area. As a Bernal Heights East Slope and South Slope Improvement Committee (B.H.E.S.S.I.C) member I will fight for the most sustainable solution that does not compromise Life/Safety. I welcome input from as many neighbors as possible. If you have questions/comments call me at 648-4907.

By Nic Griffin, BHESSIC committee member and Prentiss st. resident.

are encouraged to attend the April 13 meeting. BHESSIC will be holding elections for new officers and emphasizes that representation of residents in the Banks and Chapman area is particularly important to pay attention to what is proposed for the Brewster-Joy area.

Any questions or comments should be directed to Peter Albert, 558-6310 at the S.F. Planning Department.

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RETHINK RECYCLING

Check It Out!

**Starting April 3rd,
you can recycle:**

- All #1 and #2 (look on the bottom) **Plastic Bottles.**

It's easy - and you can recycle your plastic milk, juice, soda, detergent, shampoo and water bottles.

Recycling Tips: Neck must be smaller than base! Caps off, empty and flatten. No tubs or buckets, automotive product or pesticide bottles.

AND

- Clean aluminum foil and pie tins.



ReThink Recycling and Win

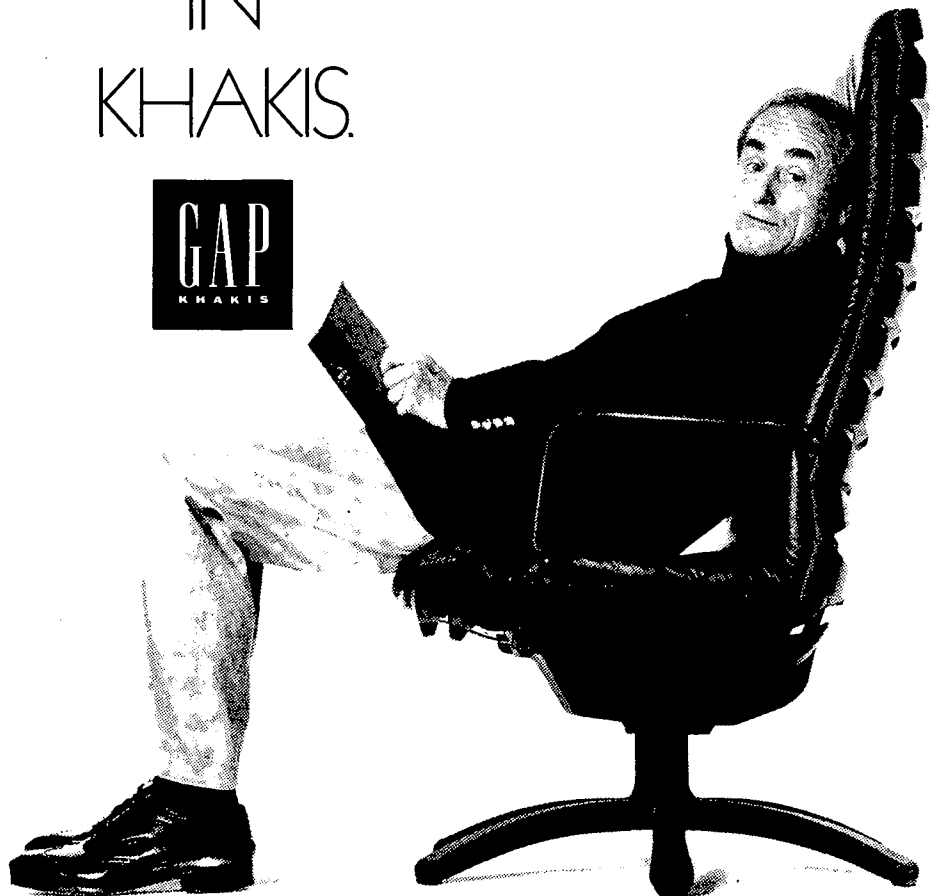
Be a part of our San Francisco recycling extravaganza!

Look for our friendly ReThink Recycling reminder in your mailbox! It could earn you a chance at more than 300 Recycling Appreciation Awards. Questions? **Call 554-6193.**

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SUSAN SELLS BERNAL HEIGHTS!

St. Kevin's Cooperative Preschool closes its doors

By Vicki Victoria

Descending the dark stairway at the corner of Anderson and Cortland Avenue, you push open a nondescript door and enter a magical place. The room is filled with colorful paintings, miniature tables and chairs, inviting toys and games, and a whimsical banner that reads, "St. Kevin's Cooperative Preschool." It's sad to think that after 22 years, this family institution on the Hill must finally close its doors.

"We'll be sad to see it end...but it's time," says

Deborah Cesaretti, the cooperative's manager. "Times have changed in the neighborhood and we just don't have enough young families anymore."

When St. Kevin's first opened its preschool in 1972, the enrollment averaged 25 children. The founding teacher, Sr. Janet Simons, said that its purpose was originally "to outreach to young families" in order to involve them in the church. But it evolved into much more. In addition to be very affordable with its co-op structure, the preschool also became a community service and a meeting place for parent education.

"We would meet regularly to discuss child development issues and help parents to solve problems, often bringing in psychologists and other specialists," said Simons, "In the early days, the preschool was very ethnically diverse. We helped a lot of unemployed parents get job skills through participating in the

school...this was their first time job experience that they put on their resumes. Now, many of these parents work in our public schools."

Although the preschool has very affordable rates of \$135 per month (similar care costs two to three times this much) it has suffered from low enrollment for the past few years. Cesaretti says that today's families have two working parents and that their part structure isn't enough care for these families. "Parents come by to see the school and they love it, the facility, and us...but moms have to work today, too," says Cesaretti.

St. Kevin's researched the possibility of expanding their program into a full time facility, but felt that it would no longer be a true community service. "It would turn into a business and lose the vision it was set up for," explains Cesaretti, "It would no longer be affordable and could no longer function as a cooperative."

The preschool will close its doors on April 27, but Cesaretti remains grateful for having had to opportunity to serve so many families in Bernal Heights. She hopes that neighbors will attend their annual Pancake Breakfast on Sunday May 7, which will now be a fundraiser for the St. Kevin's Festival, and show their support and appreciation for the school.



Saying "Goodbye." St. Kevin's Cooperative Preschool closes its doors on April 27.

couraged positive relationships between the police and our youth. The curfew would only serve to create an adverse relationship between youth and the police. The police would no longer be a friend of the youth, but the person who is going to "take you in".

In Bernal Heights, Captain Mike Dower, of Ingleside Police Station, has encourage his staff to work with our gang prevention staff at Balboa High School, resulting in much success. Violence amongst

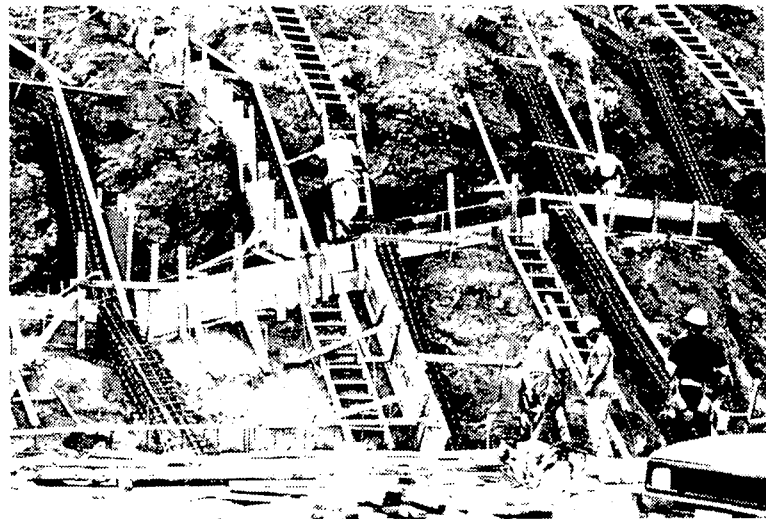
youth in the school is down and activities between them have been increased. Captain Dower has also committed to working with the Bernal Heights Neighborhood Center to provide our youth with positive alternatives beyond the proposed curfew hours such as our Cesar Chavez Youth dance held March 30th. These kind of partnerships should be replicated throughout the city.

Historically speaking, in 1990 due to discriminatory enforcement,

Housing Updates

Open for Business--10 apartments for low-income households

The Bernal Heights Housing Corporation completed extensive remodeling/rehabilitation work on ten attractive studio apartments off San Bruno Avenue in March. Thanks go to the Mayor's Office of Housing and the Bank of the West for funding this project as well as to Elizabeth Kerman, the project's architect, Marina McClay, the property manager, Chloe Fiering and Arlene Rodriguez, the project managers, and all the tenants for putting up with the noise!



Men hard at work--between rainstorms--at Market Heights...or is it a Mayan Temple? For more information, please call the Bernal Heights Housing Corporation at 206-2140.

Bernal Heights Democratic Club

April 13th, Come one, Come all!

Members of the Board of Supervisors, including Supervisors Bierman, Teng, Migden and Shelley, will be attending an open meeting of the Bernal Heights Democratic Club on Thursday night, April 13th at Neighborhood Center at 515 Cortland Avenue.

"Supervisor Accountability" is

the issue -- are the supes living up to their campaign promises? This is your chance to ask questions. The Club plans to focus on issues of youth, affordable housing, and district elections. We'll also discuss an upcoming housing bond issue and take nominations for officers. The meeting begins at 7:00, and snacks will be served.

- Linda Weiner

the San Francisco Police Commission voted to scrap its teenage curfew law--although one still exists for minors 13 and under.

"Oakland's City Attorney and Police Chief both recommended against the adoption of a youth curfew, finding that it would diminish patrol officer availability and otherwise burden police resources without increasing public safety", states Schlosser.

The Juvenile Probation Department 1993 data shows over a five year period, only 3 out of 13 San Francisco communities, the Inner

Mission, Tenderloin, and Richmond, have shown an increase in law violation referrals (W&I Code 602). The Outer Mission, including Bernal Heights, shows a 12.1% decrease over five years.

Do we really need curfew, or do we need to convince the Mayor not to cut but increase children and youth funding, especially for late night activities. Let's be real about solutions and not waste the limited money available for the development of our children and youth.

Say "no" to the proposed curfew ordinance.

Curfew - from page 1...

munity based organizations or recreation centers during the proposed curfew hours. The police could work with these centers to recruit youth to participate in these activities and volunteer at the centers themselves.

The curfew presentations held around the city have been vague in regards to safeguards against harassment by police, discriminatory enforcement, the evaluation of the curfew, location of the detention center and other program design issues. Without a clear plan, young people, their families, and communities will be negatively impacted.

In Bernal Heights, we have worked with the police to increase public safety for all residents. We fought to bring back the "beat cop" model of policing and have en-

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Bernal Calendar

Dr. Loco's History of Chicano Music

Sunday, April 2, 1:30 p.m. S.F.'s own critically-acclaimed Dr. Loco's Rockin' Jalapeño Band will perform a rich range of classic and contemporary Mexican American musical compositions. The Bernal Heights Neighborhood Center will have a table at the event's children's and youth activities and information tables. Admission free! Center for the Arts, Yerba Buena Gardens, 701 Mission Street, 978-2700.

• Public Health Week

April 3-9, 9:00 - 5:00 p.m. The S.F. Public Health Department celebrates 125 years of promoting health and preventing disease. Health Center #3, at 1525 Silver Avenue, invites neighbors to their Open House on Monday and Tuesday, April 3 & 4, to enjoy healthy snacks, meet the staff and learn about their primary care services. Call Amana Panni, 554-2739.

• Cesar Chavez Celebration

Sunday, April 23. 12:00 noon procession down Cesar Chavez Street (formerly Army St.) ending with a celebration at La Raza Park (at Potrero Street). 282-9984.

• Poetry at the 33

April 25, 7:00 p.m. Open mike sessions will be held to qualify for "The 33 Review," the critically acclaimed local publication. Read-

ing time is five minutes and material may be either poetry or prose. Held at the historic Irish pub, Keane's 3300 Club at 29th & Mission Streets. Admission free, complimentary snacks. More info: Lee Hopkins, 824-0835.

• Christmas in April

Saturday, April 29. Perform great feats as a volunteer to help repair and renovate the homes of low-income families and in Bernal Heights. Paint, hammer, clean and weed as a community to make a difference for an elderly or disabled neighbor. Skilled and unskilled, everyone can lend a hand. Call Christmas in April at 905-1611.

• Carnaval

Saturday & Sunday, May 27-28. One of the nation's largest multi-ethnic celebrations takes place on Harrison Street. This free outdoor festival tempts you with food treats and crafts and also features several stages of live entertainment from spicy sambas to classic calypso. The colossal Grand Parade takes place

on Sunday with sumptuous floats, musicians bedecked with feathers and sparkles and scantily clad Sambaescolas. Bernal Heights will participate in the parade and invites you to volunteer to help. Call Joy Ferguson at the BHNC, 206-2140.



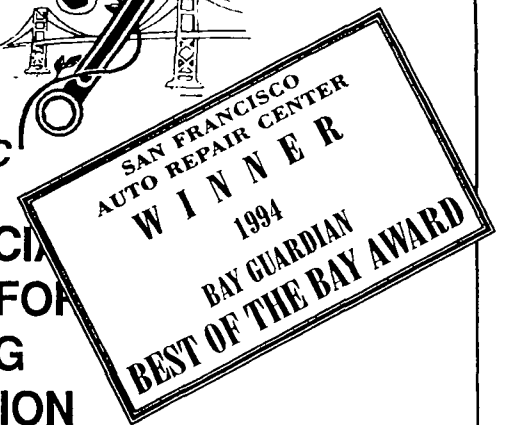
Carnaval! May 27-28

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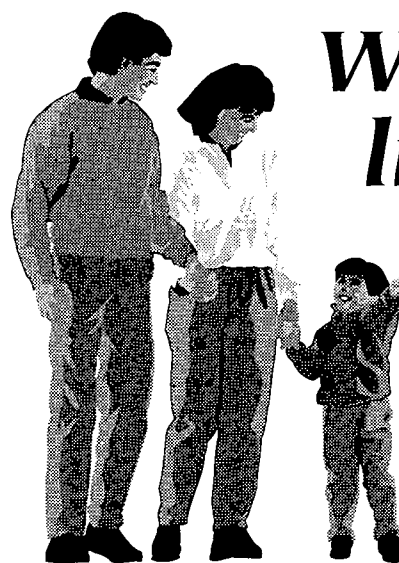
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PRESIDENT CHOICE SODA 2 LITER .69¢	MONTCLAIRE CIGARETTES \$10.79/CARTON • \$1.09/PACK G.P.C. CIGARETTES \$11.79/CARTON • \$1.19/PACK	KRAFT DRESSING 16 OZ. ALL VARIETIES \$1.99
LAURA SCUDDER POTATO CHIPS TWIN PACK .99¢	BONNIE HUBBARD SPAGHETTI .79¢ 1 LB.	BERKELEY FARMS PREMIUM SQUARE ICE CREAM \$2.39 1 LB. CUBE BUTTER \$1.19
DOVE LIQUID DETERGENT .89¢ 22 OZ.	AJAX CLEANSER 14 OZ 39¢	BONNIE HUBBARD SLICED MUSHROOMS WITH GARLIC, 3 OZ. .59¢

FRESH PRODUCE

TOMATOES	59¢/LB
POTATOES 10# BAG	99¢ each
ORANGES	4LB/\$1.00
CUCUMBERS SELECT LARGE	39¢
LEMONS	8FOR/\$1.00

MEATS



PICNIC PACK

LEGS & THIGHS FAMILY PACK

\$.99/LB

CORNISH HENS

\$1.89/LB

GROUND CHUCK

FAMILY PACK

\$1.29/LB

PRIME RIB STEAK BONELESS

\$5.29/LB

MARKET STEAK BONELESS

\$4.99/LB

NEW YORK & SIRLOIN TIP

STEAKS BONELESS **\$2.99/LB**

MEXICAN CHORIZO -OUR OWN-

\$2.99/LB

PORTER HOUSE STEAKS

\$3.99/LB

PORK CHOPS CENTER CUTS

\$2.89/LB

PORK NECK BONES

\$.59/LB

JOHN MORRELL JUMBO FRANKS

\$.99/LB

VEAL PATTIES BREADED

\$2.79/LB

JC BACON

\$1.99/LB

LIQUOR

KORBEL BRANDY 750 ML	\$6.99
ROYAL GATE VODKA LITER	\$6.29
BRUGAL DOMINICAN RUM, 750 ML	\$9.99
RANAL NAPOLEAN FRENCH RUM, LT.	\$12.99
JIM BEAM BOURBON LITER	\$9.99
CARDENAL MENDOZA BRANDY 750 ML	\$29.89
WHITE HORSE	
SCOTCH LITER	\$9.98

WINE

ALMADEN WINES 1.5 LT.	\$4.99
INGLENOOK	
PREMIUM BURGUNDY OR CHABIS, 1.5 LT.	\$4.99
FETZER PREMIUM RED OR WHITE, 1.5 LT.	\$6.99
SUTTER HOME WINES 750 ML.	\$4.99
BEL ARBORS WINE 750 ML.	\$4.39

BEER

DOS EQUIS BEER	\$5.99 +CRV
12 OZ BOTTLES, 6 PK	
HEINNEKEN BEER	\$5.99 +CRV
12 OZ BOTTLES, 6 PK	
CARLSBERG BEER	\$5.99 +CRV
12 OZ BOTTLES, 6 PK	

FOOD
STAMPS
ALWAYS
WELCOME



PRICES MAY VARY AFTER 4/9/95

MANY MORE SPECIALS THROUGHOUT STORE!

WE ARE NOT RESPONSIBLE FOR PRINTING ERRORS

